



Information and consent for diagnostic and therapeutic endoscopy of the large intestine (colon) or rectum (colonoscopy/rectoscopy)

Dear patient

Your doctor has prescribed an endoscopic examination of the lower gastrointestinal tract.

The aim of this leaflet is to provide information about the planned examination, the therapeutic procedures that may be applied, and the risks associated. If you would like more information, do not hesitate to ask the doctor before the examination.

Course of examination

After giving an adequate premedication, a flexible instrument (endoscope) is introduced through your anus into the large intestine. If necessary, biopsies will be taken or other treatment needed can be done.

Possible additional treatments (if necessary)

- Removal of polyps
- Treatment of hemorrhoids
- Treatment of bleeding lesions
- Dilatation of narrowings / strictures

Preparation

Before undergoing a colonoscopy, your bowel has to be thoroughly cleaned with specific medication. Please read and follow carefully the instructions provided on a separate document.

Risks

Complications of this procedure are rare. Nevertheless, there are possible complications, i.e. bleedings (0.5-3%) after polypectomy, infections or very rare perforation (<<1%) which may require a second endoscopic treatment or operation.

After the procedure

After receiving a premedication for the procedure, you are not allowed to drive any vehicle for the rest of the day.

In case of increasing pain, recurrent vomiting, fever or other problems after the procedure, inform us or your doctor or the nearest hospital.



Questions to be answered

The following questions are important for your doctor to estimate the risk of bleeding.

| Question | Yes | No |
|---|-----|----|
| Are you on any medication affecting blood coagulation / bleeding disposition (i.e. Aspirin, Marcoumar / Warfarin, Sintrom, Xarelto; non-steroidal anti inflammatory drugs like ibuprofen, diclofenac)? Ask your doctor if not sure. | | |
| Do you get hematoma even with minor injuries? | | |
| Did you ever suffer from bleeding complications following operations? | | |
| Did you ever need blood transfusions? | | |
| Do you have allergies? to medication? to soy or egg? If yes: to which substance? | | |
| Do you have any known heart disease or valve dysfunction? lung disease? | | |
| For women: are you pregnant? | | |

Informed consent

I have read and understood clearly all the information provided and understand the risks and the possible complications of colonoscopy/rectoscopy. Having read and understood this document and all the information provided, I give my written consent to undergo this procedure.

Name of patient

Name of doctor

Date

Signature

Date

Signature

Choice of Law and Jurisdiction Clause

The legal relationship between doctor and patient is subject to substantive Swiss law. The Swiss courts at the doctor's domicile or the doctor's office shall exclusively have jurisdiction over existing and subsequent disputes resulting from the relationship between doctor and patient as well as from respective interrelated contracts.